

WRAPS/BOWLS

ORDER ANY OF THE FOLLOWING IN A WRAP OR A BOWL

MEXICAN

MEXICAN PULLED CHICKEN, MIXED GREENS, BROWN RICE,
ROASTED PEPPER & ONION, PURPLE CABBAGE, CARROT, BLACK BEAN,
PICKLED JALAPENO, ASIAGO, GUACAMOLE & CHILI-LIME DRESSING

PAKORA

SPINACH PAKORA, MIXED GREENS, RICE, CARAMELIZED ONION
OVEN-ROASTED TOMATO, SPROUTS, MANGO OR TAMARIND CHUTNEY

MISO GINGER TOFU

MISO GINGER TOFU, MIXED GREENS, PURPLE CABBAGE,
CARROT, EDAMAME, RED ONION, MISO GINGER DRESSING

GREEK

PESTO-ROASTED CHICKEN, MIXED GREENS, TOMATO,
CUCUMBERS, OLIVES, FETA, TZATZIKI & BALSAMIC VINAIGRETTE

CEASAR

MIXED GREENS, CEASAR DRESSING, ASIAGO, OPTIONAL CHICKEN & BACON

FALAFEL

BAKED FALAFEL, GREENS, TOMATO, CUCUMBER, PICKLED TURNIP,
HUMMUS, SPROUTS, LEMON-TAHINI DRESSING

BALSAMIC ROASTED VEGGIE

BALSAMIC ROASTED VEG, MIXED GREENS, GOAT CHEESE, SEEDS,
CARROT, CABBAGE, SPROUTS & BALSAMIC VINAIGRETTE

CHICKEN CLUB

PESTO-ROASTED CHICKEN, BACON, CHEDDAR CHEESE,
TOMATO, GUACAMOLE, CHIPOTLE MAYO, GREENS
(OPTION: MAKE IT A SANDWICH)

SIMPLE SANDWICHES

COMES ON 12-GRAIN BREAD OR CROISSANT

EGG SALAD

TUNA

GRILLED CHEESE

BUILD YOUR OWN SANDWICH, WRAP, BOWL

PROTEINS

Pesto-Roasted Chicken, Pulled Mexican Chicken,
Egg Salad, Tuna, Falafels, Miso Ginger Tofu, Bacon

CHEESES

Old Cheddar, Feta Cheese, Goat Cheese

TOPPINGS

Balsamic Roasted Veggies, Roasted Tomato, Carmelized Onions,
Roasted Seeds, Sprouts, Carrot, Cabbage, Cucumber, Tomato,
Mixed Greens, Black Beans, Edamame, Pickled Turnip,
Pickled Jalapenos, Peperoncini peppers

CONDIMENTS

Mayo, Miso Ginger, Chipotle Mayo, Hummus,
Guacamole, Dijon Mustard, Balsamic Vinaigrette,
Caesar Dressing, Vegan Caesar, Lemon Tahini Dressing,
Chilli-Lime Vinaigrette, Hot Sauce, Mango or Tamarind chutney